

The Academy For Martial Arts Winter Class Schedule

Effective January 1st

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------|--|--|--|--|--|---|
| 10:00-11:00 | | Mixed Adults | | Mixed Adults | | 9:00-9:30 Little Ninja White to Yellow belt |
| 12:00-1:00 | | | | | | 9:30-10:00 Little Ninja Yellow/White stripe and up |
| 1:00-1:30 | | Little Beetle Capoeira | | Little Beetle Capoeira | | 10:00-10:45 OPEN STUDIO |
| 1:30-2:00 | | Little Ninjas | | Little Ninjas | | 10:45-11:30 Jr Capoeira |
| 3:00-3:30 | Little Ninjas | | Little Ninjas | | | 11:30-12:30 Capoeira Mixed Adults |
| 3:30-4:00 | Little Ninjas | | Little Ninjas | | | |
| 3:30-4:15 | | Jr. Purple-Poom | | Jr. Purple-Poom | | |
| 4:15-4:45 | | BBC Weapons | | Black Belt Club | 3:45-4:30 Free dress Capoeira ages 6-12 | |
| 4:00-4:45 | Jr. White-Orange | | Jr. White-Orange | | 4:30-6:00 Demo Team | |
| 4:45-5:30 | Jr. Green-Purple Adv | | Jr. Green-Purple Adv | | 6:00-7:00 Free dress Family Capoeira | |
| 4:45-5:30 | | Jr. White-Blue Adv. | | Jr. White-Blue Adv. | | |
| 5:30-6:00 | BBC Weapons | | BBC Weapons | | | |
| 5:30-6:15 | | Jr. Black Belts* Jr. Capoeira | | Jr. Black Belts* Jr. Capoeira | | |
| 6:00-6:45 | Jr. Red-Black | | Jr. Red-Black | | | |
| 6:15-6:45 | | Little Ninjas MASTERS CLUB* | | Little Ninjas MASTERS CLUB* | | |
| 6:45-7:15 | MASTERS CLUB | | MASTERS CLUB | | | |
| 6:45-7:30 | | Jr. All Belts | | Jr. All Belts | | |
| 7:15-8:00 | Teen/Adult All Belts ages 12 and up | | Teen/Adult All Belts Ages 12 and up | | | |
| 7:15-8:00 | HAPKIDO-All Belts* | | HAPKIDO-All Belts* | | | |
| 8:00-9:15 | Capoeira-Adult | | Capoeira-Adult | | | |
| 7:30-8:15 | | Teen/Adult All Belts ages 12 and up | | Teen/Adult All Belts ages 12 and up | | |

Little Ninja classes are for ages 3-6, Junior classes are for ages 6-13, and Adult classes are for ages 12 and up

BBC classes are open to Black Belt Club members only.

This schedule is subject to review and change at any time.

We're sorry, but we are unable to accept late students more than 1/3 of the way into the class due to safety reasons.

* Classes will be held at Private Lesson Studio.

Black Belt Club may attend ONE weapons class, and ONE black belt club class per week